



HANSRAJ COLLEGE
(NAAC A++ CGPA 3.71)
UNIVERSITY OF DELHI



Advanced Diploma in Trauma-Informed Psychosocial Studies

COURSE DETAILS

The Diploma in Guidance & Counselling with a Specialisation in Trauma & Psychosocial Studies is a dynamic, interdisciplinary programme designed to equip professionals and aspiring mental health practitioners with the knowledge, skills and cultural sensitivity required to provide impactful psychosocial support.

The course brings together counselling foundations, developmental psychology and an in-depth trauma-informed specialisation, all rooted in Indian realities and global perspectives. With inputs from Indian and international faculty and field experts, it offers both academic depth and practical application.

Participants can choose to complete the full diploma or opt for any of the three modules as standalone certificate courses.

KEY AREAS OF FOCUS

1. Psychosocial Counselling

- Build ethical, trauma-informed counselling skills.
- Understand clients beyond symptoms and diagnoses.
- Strengthen listening and therapeutic communication.
- Explore unconscious and relational processes in therapy.
- Navigate the therapeutic journey from engagement to termination.

2. Child & Adolescent Care

- Child and adolescent development and mental health.
- Trauma, attachment, and dissociation in childhood.
- Neurodivergence, fantasy, and children's inner worlds.
- Working with self-harm, substance use, and abuse.
- Care across schools, colleges, and institutional settings.

3. Trauma-Informed Psychosocial Care (Flagship Certificate Course)

- Develop a nuanced understanding of trauma and its impacts.
- Examine power dynamics, harm, and ethical practice in therapy.
- Explore intergenerational transmission and healing of trauma.
- Engage with caste, othering, and social injustice in therapeutic spaces.
- Learn psychosocial approaches to humanitarian crises, displacement and peacebuilding.

HIGHLIGHTS

- Learn from international professors and global practitioners
- Choose between the full diploma or individual certificate modules
- Engaging with key texts in psychoanalysis, trauma studies and counselling
- Bi-Monthly Case Discussions based on practical work
- Culturally grounded and India-specific trauma perspectives
- Case-based learning, supervised practice and interactive workshops
- Ideal for both psychology and non-psychology professionals (educators, social workers, healthcare providers, HR leaders)
- Classes on Fridays and Saturdays only

DETAILS

Duration: 10 months (August, 2026-May, 2027)

Hours: 450 Hours

Medium: Online via Zoom

Lecture Classes: Saturdays 7-8.30pm (every week)

Discussion Group: Fridays at 7-8.30pm (bi-monthly)

Eligibility: Psychologists, Psychiatrists, Social Workers, Educators, College Students & Psychology Enthusiasts

Fee Structure (for Indian Students)

For Certificate Courses: ₹15,000

For Diploma Course: ₹45,000

Discounts & Scholarships:

- Early Bird Offer (till 20th July): 15% off on the standard fee
- Group Discount: 10% off for groups of 3 or more
- HRC Students & Staff: 50% off

Discounts and Scholarships cannot be combined.

COURSE DETAILS

Each module awards a Certificate of Completion. Completion of all three modules (plus participation in discussion groups and completion of all assignments, practical and viva) awards the Advanced Diploma in Trauma & Psychosocial Studies.

CONTACT US FOR QUERIES OR TO REGISTER

To register or for queries, contact-
Rachel Alice (Course Convener)
+919450639462 (WhatsApp or call)
rachel@hrc.du.ac.in



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COURSE SPEAKERS



Prof. Honey Oberoi Vahali
Professor, Psychoanalyst &
Director- CPR, Ambedkar University Delhi



Dr. Monisha Nayar Akhtar
Child Psychologist & Psychoanalyst,
Pennsylvania, US



Prof. Joseph O Prewitt Diaz
Psychosocial Support Advisor
American Red Cross, DC Chapter



Anjana Dayal Prewitt Diaz
Former Director-Diversity, Equity & Inclusion
American Red Cross, National Headquarters



Dr. Noreen Giffney
Psychoanalyst & Lecturer,
Ulster University, Ireland



Dr. Neetu Sarin
Psychoanalyst
International Psychoanalytic Association



Dr. Ashis Roy
Psychoanalyst &
Former Faculty, Ambedkar University Delhi



Dr. Nupur Paiva Dhingra
Child & Adolescent Psychotherapist
Founder, The Family Tree



Dr. Shalini Masih
Psychoanalytic Psychotherapist
Tavistock & Portman, NHS Foundation Trust



Dr. Rakesh Shukla
Supreme Court Advocate
Psychoanalyst



Rajinder Singh
Psychodynamic Psychotherapist
IPA, London



Vikas Deepak
Psychotherapist & Clinical Supervisor
Former Faculty, Ambedkar University Delhi



Dr. Itisha Nagar
Psychologist & TEDx Speaker
Former Faculty, Kamla Nehru College



Dr. Joy A. Kasset
Psychoanalyst & Co-Chair,
Community Psychoanalysis Prog., WBCP



Deborah Feldheim M.D.
Psychoanalyst & Co-Chair,
Community Psychoanalysis Prog., WBCP



Prateek Sharma
Clinical Psychologist & Psychotherapist
MPhil, NIMHANS



Arushee Wahi
Child Psychologist
PhD Scholar, NIMHANS



Meghna Joshi
Psychodynamic Counsellor,
The Indian School, New Delhi



Harriet Mossop
Psychosocial Researcher
Essex University, CAMHRA



Dr. GERALYN MULQUEEN
Psychoanalytic Psychotherapist & Artist
Ulster University, Ireland



Urmi Duggal
Psychodynamic Therapist
Trainee, ICAPP, Australia



Shaifila Ladhani
Psychotherapist, New Delhi



Rhea Raghavi
Psychoanalytic Developmental Therapist
Founder, Big Little Feelings



Niru Sankhala
PhD Clin. Psy. Candidate
Duquesne University, Pennsylvania, US



Dr. Todd Anderson
PhD, PsyD, LP
Psychotherapist, New York



Manali Arora
Psychoanalytic Psychotherapist
Founder- Rubaru Psychotherapy



Reva Puri
Psychodynamic Psychotherapist
Clinical Fellow, WBCP



Komal
Psychotherapist
PhD Scholar, TISS



Pitamber Yadav
Lawyer
Fellow, Chartered Institute of Arbitrators



Swasti Jain
School Psychologist, Blue Bells School
Founder, Genzee Therapist



Rachel Alice
Psychotherapist, Hansraj College
Course Convener, Psychosocial Studies

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Prof. Honey Oberoi Vahali (PhD)

Professor Dr. Honey Oberoi Vahali is a psychoanalyst and the Director at Centre for Psychotherapy and Clinical Research at Ambedkar University Delhi. She is also a Professor of Psychology at School of Human Studies, Ambedkar University Delhi. She did her Masters in Psychology from the University of Himachal Pradesh in 1990. Subsequently she completed her training as a Clinical Psychologist (MPhil in Medical and Social Psychology) from the National Institute of Mental Health and Neuro Sciences, Bangalore in 1993. Her PhD is from the University of Delhi. Her PhD thesis, A Psychohistorical Reconstruction of the Tibetan Self in Exile was later on published as a book, Lives in Exile: Exploring the Inner World of Tibetan Refugees (Routledge 2009). Using a psychoanalytical sensibility in this work she had explored the inner world of three generations of Tibetans living in India and had also worked extensively with Tibetan torture survivors. Subsequent to her PhD she went to pursue her training as a psychoanalytical psychotherapist and then as a Psychoanalyst with the Indian Psychoanalytical Society, Kolkata. At present she is one amongst the few fully accredited psychoanalysts in India. She is also a member of the International Psychoanalytic Association.



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Dr. Joy Kasset

Joy Kasset, Ph.D. earned master's degrees in social work (MSSW) and public health (MPH) from Columbia University in NYC, and a doctoral degree in psychology (PhD) from Catholic University in DC.

Dr. Kasset furthered her clinical training at the Baltimore Washington Center for Psychotherapy and Psychoanalysis, now known as the Washington Baltimore Center for Psychoanalysis (WBCP), graduating from both the adult and child psychoanalytic training programs. She is currently the Chair of the Child and Adolescent Psychoanalytic Training Program and Co-Chair of the Community Psychoanalysis Certificate Program at the WBCP, and a member of the teaching faculty. In addition, Dr. Kasset is the Chair of the Combined Child and Adolescent Fellowship Program and Candidate Seminar, which brings in both national and international faculty and students.

Dr. Kasset is a former professor at George Washington University's Center for Professional Psychology, where she taught in both the adult and child programs. She is currently an Associate Clinical Professor of Clinical Psychology at GWU, providing clinical supervision to doctoral students in training. She is also on the faculty of Howard University (Psychiatry), George Washington University (Psychiatry), and the Contemporary Freudian Society.



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Dr. Deborah Feldheim M.D.

Deborah Feldheim, MD is a Psychiatry specialist based in Washington, DC. She also has expertise in Psychoanalysis. Her broad educational background includes a residency in Psychiatry at George Washington University from 1984 to 1987 and continued at Chestnut Lodge Hospital from 1987 to 1988. Dr. Feldheim graduated from the Jacobs School of Medicine and Biomedical Sciences at the University at Buffalo in 1984 and graduated from the Washington Psychoanalytic Institute in 1995 after her residency. She is a supervising and training analyst and co-chair and founder of the Community Psychoanalysis Certificate Program. She has a private practice in Washington D.C.



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Dr. Noreen Giffney

Dr Noreen Giffney is a psychoanalytic psychotherapist based in County Donegal in Ireland, and is a lecturer and researcher at Ulster University, Belfast. She is the author of the book, 'The Culture-Breast in Psychoanalysis: Cultural Experiences and the Clinic' (Routledge 2021), and the author and/or editor of additional articles and books on psychoanalysis, psychosocial studies, and the arts, culture and mental health. She is the director, with Allen Fatimaharan, of 'Cultural Encounters' (2026), an animated short film about the psychological nourishment and protection provided by our experiences with the arts and culture. Noreen is the joint editor-in-chief, with Emmanuelle Smith, of 'New Associations' psychoanalytic magazine, published three times a year by the British Psychoanalytic Council. She was a member of the creative team, led by Professor Jill Bennett, for 'World Comes Alive' (fEEL 2025), the first virtual reality experience underpinned by psychoanalytic thinking. <https://www.ulster.ac.uk/staff/n-giffney>



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Geralyn Mulqueen

Geralyn is a Psychoanalytic Psychotherapist with a private Practice spanning 16 years and is a Member of the Northern Ireland Institute of Human Relations, the Irish Council for Psychotherapy, and the European Association for Psychotherapy. In addition a Fellow of the Royal Society of the Arts.

Combining 10 years' experience as a Barrister with 10 years private practice as a Psychoanalytic Psychotherapist, she maintains ethical standards and a strong sense of accountability and fairness, and communicates ideas, and legal arguments concisely to diverse audiences. She is skilled at developing policies, procedures, and training materials, cultivates trusted relationships with diverse stakeholders, and applies an analytical approach to solving problems and managing conflict. She also trains and inspires teams to success, and is committed to continuing professional development and research. Geralyn has taught at Institutions of higher learning, delivered training and CPD to Nexus[NI] and the NIHR on Legal implications for all Psychotherapists, and collaborated successfully with Global organizations such as the United Nations.



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Vikas Deepak

Vikas is a psychotherapist and clinical supervisor in private practice. His work is informed by a deep dive into psychoanalytical developmental theory with a keen appreciation of paradoxes encountered in maturational processes. In addition to psychotherapy for individuals, he has worked in the areas of community mental health, rehabilitation programs for severe mental illness, and crisis intervention during mental breakdown.

He loves teaching and engaging with students/supervisees on themes associated with goals and process of therapeutic work, with emphasis on the transformative potential of clinical work not only for the client but for the therapist too.



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Dr. Rakesh Shukla

Rakesh Shukla has more than three decades of engagement with law, constitutional jurisprudence, human rights and justice melded with training and practice in psychodynamic therapy. He has conducted workshops on biases, prejudices and stereotypes with judges at judicial academies, provided interventions in training of Indian Forest Officers and Mediators by the Delhi High Court Mediation and Reconciliation Centre. Rakesh has designed and taught courses on Law and Psychology and writings in newspapers, journals and websites.



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Shaifila Ladhani

Shaifila Ladhani is a psychoanalytical psychotherapist. She has completed her education and training in Psychology from Jamia Milia Islamic and Ambedkar University Delhi. Additionally, she holds a fellowship from the Washington Baltimore Center for Psychoanalysis, USA, and has completed her further training from TISS, OCAT, Institute of Group Analysis and International Institute of Psychoanalysis. She has worked with organizations across the country to not only share her vision for mental health but also to learn the aspects of mental health around the nation.

She likes to bring the socio-cultural and political lens into the therapy space as she feels that the discourse is empty without acknowledging the importance of our backgrounds, cultural inheritance, social status, gender, political environment and much more.



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Dr. Todd Anderson

Todd Anderson is a psychoanalyst and writer whose work focuses on the subtle edges of psychological experience - those places where identity, desire, shame, fragmentation, and unformulated states take shape before they can be fully named. Many people come to me not because they are seeking solutions, but because something essential in their experience feels present yet difficult to articulate, organize, or live with fully.

His clinical work is relational and depth-oriented. Rather than applying techniques or interpretations from outside, he attends closely to how emotional life unfolds within the therapeutic relationship itself. Therapy becomes a space where experience can slow down, where recurring patterns can be felt as they emerge, and where meanings are allowed to form organically rather than being imposed or prematurely resolved. He works with individuals whose inner lives are complex, layered, or internally divided. This includes people navigating sexuality and erotic life, queer identity, nontraditional relationship structures, chronic illness, religious rupture, and longstanding patterns of emotional impasse. Many have been in therapy before and carry a sense that something important was missed, left untouched, or could not be spoken within earlier work. His work is especially oriented toward these threshold experiences - where insight alone has not been sufficient, and where relational presence becomes central.



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Komal Rajoria

Komal is a PhD scholar in Women's Studies at the Tata Institute of Social Sciences, where she focuses on gender studies, mental health, and reproductive health. She is a psychotherapist, holding a degree in Psychosocial Clinical Studies and a Diploma in Psychoanalytic Approaches with a Psychosocial Lens from Delhi University.

Her therapeutic approach integrates a Psychosocial Lens, Mindfulness, and Trauma-Informed Therapy (ISO certified), along with expressive arts and person-centered methods. This allows her to address the intricate interplay of individual experiences, psychological processes, and sociocultural contexts.

Komal's work bridges academic inquiry and clinical practice, exploring the psychosocial dimensions of gendered experiences and reproductive health to contribute to both scholarly discourse and holistic care



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Dr. Monisha Nayar-Akhtar

With over 30 years of experience, Monisha Nayar-Akhtar, Ph.D. is a licensed child, adolescent, and adult psychologist/psychoanalyst located in the Greater Philadelphia Area.

She is the founder of the Indian Institute of Psychotherapy in India and has been a pioneer in research related to orphaned and vulnerable children in the South Asian region. She is also the founder and editor-in-chief of ICEB “Institutionalised Children: Explorations and Beyond”, a journal composed of papers by policy makers, mental health workers, researchers, social workers, and any other individuals who are involved in the field of care and management of institutionalised children, or other alternative care.

Dr. Nayar-Akhtar is a distinguished member of the American Psychoanalytic Association, holding several positions related to multicultural and child issues, as well as a member of the International Psychoanalytical Association, which recently recognized her work and research with the Ticho Foundation Award in 2016. She has published extensively, holding authorship of several books and articles appearing in journals such as Psychoanalytic Inquiry and the Journal of the American Psychoanalytic Association.

Her dedication to research and learning, is a testament to her desire to provide the very best for her patients and the community at large. Dr. Nayar-Akhtar's supervision and training is a testament to her passion in assisting therapists in training as well as colleagues to ensure that they are the most effective clinicians for the people they have pledged their careers to help.



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Dr. Nupur Paiva Dhingra

Nupur D. Paiva is a Chartered Clinical Psychologist, Associate Fellow with the British Psychological Society, Child Psychotherapist and mother-of-two, all of which she has worked very hard at. Especially, the two children.

She started Family Tree: Child and Adolescent Mental Health team, in 2018 in New Delhi. She taught 'Infant Observation' on the Psychotherapy training course at Ambedkar University, Delhi from 2012-2020. She is regularly invited to write articles on emotional and mental health for national dailies and for discussions on conference panels. You can find a lot of this through a google search.

In 2014 she decided to train further, especially on how to work with hard-to-engage-adolescents, anxiety and depression in young people. She completed a certification in Intensive Short Term Dynamic Psychotherapy. The process of this training took five years of consistent truth-facing and changed her life, making her more courageous. Now she is training others to work with this technique. She is the author of Love & Rage: The Inner Worlds of Children, which was published in 2017, which is very close to her heart and has a lot of detail on what psychotherapy with children looks like. Along with her husband, Richard Paiva, she is a co-founder of The Art of Sport – a development programme for girls, using sport and group therapy.

For her own energy and emotional balance, she likes to dance and though her motor coordination does not approve, she does not let that stop her.



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Dr. Itisha Nagar

Dr. Itisha Nagar is a trauma-focused psychologist, mental health researcher, thrice TedX speaker, and former assistant professor of Psychology, University of Delhi. Dr. Nagar has been actively invited to hundreds of talks and workshops in educational institutions throughout the country. She has mentored countless students inspiring them to think critically and sensitively. Dr. Nagar actively engages in psychological counselling, training workshops and awareness programs about topics such as mental health, gender, trauma, feminism, and neurodiversity. For her work, Dr. Nagar has been awarded the Phenomenal SHE award for 100 most influential women in 2025 India by Indian National Bar Association. She has also been awarded for the Best Use of Traditional Classroom

for Mental Health Literacy award by Bharat Dialogues. In her free time she enjoys using the tool of social media to make psychology jargons accessible and understandable. Dr. Nagar's overarching goal is to contribute to making the world more compassionate, empathic, just, and self-aware place through education.



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Rajinder Singh

Mr. Rajinder Singh, a dedicated Psychoanalyst and Psychotherapist in Delhi with over 24 years of experience in mental health. He has a deep understanding of the human mind, having supported individuals, couples, children, families, and groups through a wide range of psychological challenges. Rajinder's approach goes beyond the surface, delving into the complexities of life to truly understand what's going on. Beyond his clinical practice, he's a passionate educator, having taught and supervised psychology students at Ambedkar University Delhi. He's also committed to strengthening the mental health community, regularly organizing workshops and training for counselors and psychologists, even those at the grassroots level. Working in Canada as a teacher and as a mental health professional for the last 2 years has also helped him bring multicultural perspective to his clinical understanding. Before his academic work, Rajinder spent over a decade in the social sector, collaborating with organizations like Sahara Rehabilitation Centre and Salam Balak Trust. This invaluable experience allowed him to address critical issues such as drug abuse, HIV/AIDS, child sexual abuse, suicide and trauma, including working in crisis intervention centers. Today, he continues to make a difference through his private practice, offering supervision, and leading workshops and seminars for mental health professionals and trainees.



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Pitamber Yadav

Pitamber Yadav is an India-qualified lawyer currently based in Gurugram, Haryana. He holds a Master of Laws (LL.M.) in International Arbitration & Dispute Resolution from the Faculty of Law, National University of Singapore (NUS), where he was awarded the Faculty Graduate Scholarship (FGS). He completed his BA LL.B. (Hons.) from Jindal Global Law School in 2017. He has professional experience with the Singapore International Dispute Resolution Academy (SIDRA) and PricewaterhouseCoopers India (PwC India). His areas of focus include mediation, international arbitration, and commercial negotiation. He is a Fellow of the Chartered Institute of Arbitrators (CIArb) and an Accredited Mediator trained at the Indian Institute of Corporate Affairs (IICA), Ministry of Corporate Affairs (India), and the Singapore International Mediation Institute (SIMI).

Pitamber brings a practitioner's perspective on conflict, communication, and the role of structured dialogue in resolving disputes. His work in mediation and negotiation intersects meaningfully with themes of psychosocial care particularly around how people navigate conflict, distress, and the need for safe, facilitated spaces. He is passionate about the evolving landscape of Alternative Dispute Resolution (ADR) in India, and the growing recognition of trauma-informed approaches within it.



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Arushee Wahi

Arushee Wahi is a Clinical Psychologist with a passion for psychotherapy, particularly its process and relational aspects. Her niche predominantly involves working with children, adolescents and their families. With a background encompassing Undergraduate, Postgraduate, and M.Phil. degree in Clinical Psychology from NIMHANS, she has worked with populations from varying socio-cultural backgrounds and clinical conditions. She has also completed the basic training in Mentalization-based Treatment accredited by the Anna Freud Center, UCL. Her interests further include understanding the intricate dynamics of family systems while approaching therapy with adolescents, mentalization in adolescents and integrated psychotherapy. Currently, Arushee is pursuing her PhD at NIMHANS specializing in working with adolescents with internalizing difficulties and their parents.



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Niru Sankhala

Niru is a research scholar and therapist working and studying at Duquesne University, Pennsylvania United States. She is currently working on multiple research projects on the topics of imagination, fantasy, trauma, body based intervention and post partum psychopathology. She has recently started teaching developmental psychology seminar to undergraduate students at Duquesne. She is very passionate about life span development and the marvel that is human growth. She enjoys incorporating multiple modalities in her therapeutic work including sensory play, imagination as well as picture books. Looking forward to teaching and learning with a group that wishes to delve deep into the world of fantasy not just intellectually but emotionally.



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Rhea Raghavi

Rhea is a psychoanalytic developmental psychologist. She did an undergrad in English from St. Stephens College, MA in psychosocial clinical studies from AUD, and MSc. in psychoanalytic developmental psychology from UCL/Anna Freud Centre in London. Since, she has worked at a care home and was a counsellor at a school in Gurgaon for 4 years working with nursery - grade 1 and then 9th -12th grade. She has been in private practice since 2020 and started a counselling centre recently in Provorim, Goa called Big Little Feelings. In between she has also trained in ABA, a form of therapy used for those with autism and in a number of other therapeutic modalities. Last year she also completed a PG Diploma course in supervision for mental health practitioners. She primarily works with children, teenagers, and young adults up to the age of 25.



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Urmi Duggal

Urmi Duggal is a psychodynamic psychotherapist with a Master's in Clinical Psychology from Ambedkar University. She is currently training in child and adolescent psychoanalytic psychotherapy through ICAPP (Australia). With over six years of experience in the mental health field, she completed her post-master's clinical training at the Hank Nunn Institute through their UNREAD program, which combined academic learning in relational psychotherapy and group work with immersive clinical experience. Urmi works from a relational, psychoanalytic, and trauma-informed lens and runs a full-time private practice. Her therapeutic orientation is grounded in a long-standing interest in childhood trauma and its enduring impact. Central to her work is the belief that the therapeutic relationship itself can become a powerful site of transformation. She strives to create a containing and supportive space where unconscious material can safely emerge, be held, and explored together—allowing parts of the self that have long remained hidden to come into view. Urmi's earlier work in the development sector on gender violence and rights informs her psychosocial lens. She has also worked closely with adult survivors of child sexual abuse through clinical, research, and advocacy roles.



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Meghna Joshi

A dynamically oriented counsellor working with adolescents for the past two years in school's with a focus on adolescent mental health and well-being. Besides a strong focus on counselling and psycho-education, also work extensively with counsellor well-being and training within the school set up. I completed my masters from Ambedkar University Delhi and started working with the Indian school in 2023. Besides children, I also work extensively with teacher training.



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Swasti Jain

Ms. Swasti Jain is the Founder of Genzeetherapist and a passionate Counseling Psychologist committed to making mental health accessible, practical, and relatable for young adults, students, children, and adolescents. She is an alumna of Lady Shri Ram College for Women, Amity University, and Jamia Millia Islamia, with academic and professional experience spanning clinical, educational, and organizational mental health settings. Currently, she serves as a School Counselor and School Psychologist at Blue Bells Group of Schools, where she works extensively with children and adolescents, supporting their emotional, behavioral, social, and academic well-being. Her work includes individual counseling, crisis intervention, psychoeducation, life skills facilitation, parent consultations, teacher collaboration, and the design and delivery of preventive mental health programs and workshops for students across age groups.

Over the years, she has 2+ years of experience with leading institutions including PhysicsWallah, Masters' Union, Fortis Healthcare, Sir Ganga Ram Hospital, and AIIMS (through Mental Health Foundation India), gaining diverse experience in counseling, psychological assessments, psychoeducation, and mental health interventions across clinical, educational, and community settings.

Alongside her professional practice, Swasti leads Genzeetherapist, a psychology-focused EdTech and mental health platform dedicated to mentoring students, training future psychologists, conducting workshops, facilitating internships, and bridging the gap between academic psychology and real-world practice. Beyond her roles as a psychologist, she is an educator, facilitator, mentor, content creator, and speaker who is passionate about empowering individuals with evidence-based psychological knowledge and practical skills. With extensive experience working with children, adolescents, college students, and young adults, she strives to create safe spaces that foster emotional resilience, self-awareness, and meaningful growth while inspiring the next generation of mental health professionals.



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Dr. Joseph O Prewitt Diaz

Dr. Joseph O. Prewitt Diaz is a distinguished professional in mental and psychosocial health, education, and humanitarian assistance, with a career spanning decades. He has held significant roles in organizations such as the American Red Cross, where he served as a Senior Advisor on Psychosocial Support in tsunami-affected countries, allowed him to design and evaluate essential programs addressing the mental and psychosocial health needs of those impacted by disasters.

Dr. Prewitt Diaz's commitment to enhancing community resilience is evident through his foundational efforts in various projects. He established the Puerto Rican Peace Corps: VESPRA in depressed villages in Puerto Rico. His extensive experience includes participation in high-profile disaster relief operations, such as Hurricane Andrew, the Oklahoma City Bombing, and recovery efforts after 9/11 in Shanksville, PA. Internationally, he played vital roles in the responses to the El Salvador earthquake, the Ebola outbreak in Western Africa, and the Southeast Asia Tsunami recovery in the Maldives, Sri Lanka, Indonesia, and India, as well as supporting Zika virus responses across Latin America.

His academic achievements include an M.D. and Ph.D. in Educational Psychology, in addition to advanced degrees in Pastoral Counseling and Public Health. He has taught and developed graduate and undergraduate courses on disaster mental health, supervised numerous doctoral theses, and contributed to impactful research that informs innovative mental health and psychosocial support practices.

His influence in academia extends to curriculum development and the creation of training programs that reflect current best practices in the field. He has graduated over 132 PhD's and over 1,000 Master degree candidates in 21 countries. With extensive international experience, Dr. Prewitt Diaz has gained a diverse understanding of cultural contexts in which mental health and psychosocial support services are delivered, underscoring the need for culturally sensitive approaches to address unique community challenges during crises.

As an author, Dr. Prewitt Diaz has contributed significant works, including "Disaster Recovery: Community-Based Psychosocial Support in the Aftermath" and "Mental Health and Psychosocial Support during the COVID-19 Response: An Overview," which outline research findings and practical guidelines for enhancing community resilience.

In summary, Dr. Joseph O. Prewitt Diaz is a leader in disaster mental health and psychosocial support, with extensive contributions both academically and in the field. His work exemplifies the critical role of mental health and psychosocial support in disaster recovery and the importance of community resilience in the face of adversity and serve as an example for others. Dr. Prewitt Diaz remains eager to collaborate and foster transformative initiatives that enhance mental health and community well-being.



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Anjana Dayal De Prewitt

Anjana is currently serving as a board member for Euphrates Institute and is a former director for Diversity, Equity and Inclusion for the American Red Cross, National Headquarters. In addition to the American Red Cross, she has had the opportunity to work with the International Federation of Red Cross and Red Crescent (IFRC),

International Committee of Red Cross (ICRC) and Save the Children US in various leadership positions in the last two decades. She has worked in over 30 countries in humanitarian settings affected by disasters and armed conflicts, where she designed and managed complex programs and budgets, and led high performing teams. She has developed program guidance and strategy pertaining to Community based Psychosocial Support, Child Protection, Diversity, Equity and Inclusion.

She has a bachelor's degree in psychology from Lucknow University (India), a master's degree in Sustainable Peace from UN Mandated University for Peace (Costa Rica) and Certifications in Humanitarian Diplomacy from IFRC/DiploFoundation (Geneva) and Peace Leadership from Euphrates Institute/Centre for Executive Education at the University for Peace.

Most recently she was appointed as the Senior Fellow at the Kind Center: The Center for Non-violent Social Change for 2023-2024. In addition to her two books, *Gudia: A Defiant Doll* (English) and *Papa ke Joote* (Hindi), her work has been published in various peer reviewed journals and books. She is a polyglot and speaks English, Hindi/Urdu, and Spanish.



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Dr. Shalini Masih

Shalini Masih, PhD is a Psychotherapist with Psychoanalytic orientation, in private practice in New Delhi, India. She has taught postgraduate courses in Psychoanalysis at Ambedkar University Delhi. Her work has been with traumatized children, adolescents, borderline patients, as well psychotic young adults. Her doctoral work was on 'Beauty in Ugliness in Spirit Possession and Exorcism.' Her contributions have been published in respected Psychoanalytic journals and edited volumes. She has presented papers in a number of Psychoanalytic Conferences. Her paper received the Critics Award for Best Psychoanalytic Writing in The Fifth International Psychoanalytic Conference. She is the recipient of the prestigious Scholar Award awarded by Division 39 of APA. Recently one of her papers was nominated for Gradiva Awards 2020 under the Best Article Category. She is also a clinician learning to be a mother to her chirpy little daughter.



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Dr. Neetu Sarin

Dr Neetu Sarin (PhD) is a psychologist and Psychoanalyst at the Indian Psychoanalytic Society, and the International Psychoanalytic Association, London. Formerly, she has been faculty at the School of Human studies, Ambedkar University Delhi (2010-2022) -the only department dedicated to teaching and disseminating psychoanalytic ideas in higher education in South East Asia.

Her expertise lies in bridging cultural and clinical realities, especially in areas of trauma. She serves on several International Psychoanalytic committees, a few among them being- the Cowap (Women and Psychoanalysis committee), IPSO international, the candidates' committee for the International Psychoanalytic Association, as well as the Cultural Outreach committee (International Association of Relational Psychoanalysis and Psychotherapy). She teaches and supervises postgraduate students and research scholars across the world, and trains young psychotherapists in the making.

She works clinically with people suffering from psychosis, personality disorders and dissociative disorders. She teaches courses on the body, listening, psychoanalytic psychotherapy and gender to the graduate programs in psychoanalytic psychotherapy. Her doctoral work is in the field of states of dissociation and intergenerational transmission of trauma. She particularly likes the use of myths, fables and tales and their relationship with the self. She spends her free time designing aesthetics, nurturing her relationships and plants.



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Dr. Ashis Roy

Ashis Roy (PhD) is a Psychoanalyst.

He was Faculty at Ambedkar University Delhi and is presently faculty at CAPA where he teaches and trains Psychoanalytic Therapists. He is interested in clinical and cultural psychoanalysis. His book *Intimate Hindu-Muslim Relationships: A Psychoanalytic Exploration of the Self and the Other* (Yoda Press) was published in 2024.

International conference presentations:

Intimacy in Alienation: Witnessing the Making of a Hindu-Muslim Dyad, at the IPA Congress in Buenos aires - on Intimacy.

Fourth International Indo Japanese Psychoanalytic Conference - Won the Critics Award for Best Paper)

Publications: Imagining Undreamt Selves in a book titled *Counter dreamers: Analysts reading themselves* editor :Meg Harris Williams and Miriam Botbol. Isbn 9781912567218

Evocative Teaching - A Psychoanalytic Reflection in A song called Teaching Ed by Prof Honey Oberoi Vahali.

Canvassing Faith and Fragmentation : An Indian perspective published in *Healing, Rebirth and the Work of Michael Eigen Collected Essays on a Pioneer in Psychoanalysis*, Edited By Ken Fuchsman, Keri S. Cohen, 2021



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Harriet Mossop

Harriet Mossop is a PhD student and Assistant Lecturer in the Department of Psychosocial and Psychoanalytic Studies, at the University of Essex, Research Assistant for the UKRI funded FreePsy project, and Research and Development Officer in the Centre for Anthropological Mental Health Research in Action at the School for Oriental and African Studies, University of London. Her research on queer erotic transference sits at the intersection of queer, trans, decolonial and psychoanalytic theory. Harriet brings her lived experience of the psychiatric system and as a patient in psychotherapy to her research. She is a co-founder of the Queer Encounters research network for psychosocial researchers in gender and sexuality (www.queerencounters.org) and an Associate Scholar of the British Psychoanalytic Council. Her writing has been published in the British Journal of Psychotherapy, Psychoanalytic Review, the Journal for Psychoanalysis and History, and The Polyphony.



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Prateek Sharma

Prateek is a registered clinical psychologist and psychotherapist with an MPhil in Clinical Psychology from NIMHANS. He holds a senior psychoanalytic fellowship from WBCP, USA and been trained in Mentalization-based Treatment accredited by the Anna Freud Center, UCL. Prateek's clinical expertise encompasses assessment, diagnosis, and psychotherapy employing a psychodynamic approach to understand and address patients' challenges. He works with individuals facing complex mental health challenges, including somatization, OCD, personality disorders and psychosis. Besides practice, Prateek integrates psychoanalytic knowledge into everyday life through writing and teaching trainee clinicians.



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Manali Arora

Manali Arora is a psychotherapist and works with a psychoanalytic, psychodynamic and relational approach to psychotherapy. In her work with her clients, she delves into the unconscious, early experiences in the here-and-now of the therapeutic space to explore how it shapes the clients' current thoughts, feelings and behaviours. Her way of working is insight-oriented than solution-focused, with an aim to help understand the immediate and larger issues that brings the client to the therapy, as well as to help empower their sense of agency over their own life through strengthened self-awareness. Through her work, she wishes to hold space for conversations about myriad aspects of the clients' life (psychological, relational, emotional concerns, beliefs, and feelings) with the idea of improving mental health, relationships and overall quality of life.



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Reva Puri

Reva Puri is a psychoanalytic psychotherapist practicing in India and a member of the IARPP (International Association of Relational Psychotherapy and Psychoanalysis). Her clinical work has germinated into her research preoccupations including the formation of gendered subjectivity, the impact of caste on one's self and relationships, the complexities of intergenerational trauma within colonisation etc. Her research has been published in magazines such as "In Plainspeak" and journals such as "The Contemporary Literary Review India." She has also presented her work at numerous international conferences. She is passionate about making psychoanalytic training accessible in India and runs an experiential group for early career practitioners in addition to her analytic lectures.



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Rachel Alice

Rachel Alice is a psychoanalyst, psychotherapist, researcher and educator whose work explores the intersections of psychoanalysis, trauma, technology, expressive arts and meaning-making. She serves as the psychologist at Hansraj College, University of Delhi, where she provides psychotherapy, leads the college counselling unit and develops programmes in mental health, expressive arts and psychosocial studies.

Her research examines how individuals make sense of emotional experience across clinical, cultural and technological contexts. As Co-Principal Investigator of a collaborative project with the Department of Computer Science at Hansraj College on machine-learning approaches to text-based depression detection, she explored AI-mediated emotional support among college students. This work informed her paper, *The Illusion of Containment: A Psychoanalytic Study of AI-Mediated Emotional Support Among College Students*, presented at the International Conference on Integrative Horizons in Mental Health (2026), as well as her keynote lecture, *The Future Therapist: AI Augmentation and Human Interaction* at Psychopedia's MH symposium.

Rachel's broader research has addressed student wellbeing, parental attachment, collective self-esteem, and children's psychosocial experiences during the COVID-19 pandemic, resulting in peer-reviewed publications and presentations at national and international conferences.

She is currently a pre-doctoral fellow with Claremont Graduate University and the Rekhi Foundation for Happiness, where she is working on a research project on expressive arts under the mentorship of Prof. Jyoti Kumar at IIT Delhi. She is also undertaking training in Community Psychoanalysis through the Washington Baltimore Center for Psychoanalysis. Across her work, she seeks to bring psychosocial thought into dialogue with contemporary questions of wellbeing, community, creativity and emerging technologies. She is also singer-songwriter and a visual artist.